

The Quarry Lane School

Dublin Campus East 6363 Tassajara Rd. Dublin, CA 94568 P (925) 829-8000 Dublin Campus West 5600 Scarlett Dr. Dublin, CA 94568 P (925) 466-3100 F (925) 462-1066 Pleasanton Campus East 3750 Boulder St. Pleasanton, CA 94566 P (925) 846-9400 F (925) 462-1066 Pleasanton Campus West 4444B Black Ave. Pleasanton, CA 94566 P (925) 462-6300 F (925) 462-1066

www.quarrylane.org

ADMISSIONS PACKAGE YOUNG PRESCHOOL, PRESCHOOL, AND STEM ACADEMY

STARTING SCHOOL

Welcome! We hope that you and your child will enjoy the experience our learning center can provide. Please feel free to ask questions and give suggestions at any time. It is very helpful for young children to enter the program gradually. We recommend that you bring your child for a short visit initially at a time you can remain as well. This will help the child become familiar with the room, with other children and with the teachers.

As a result, the child will feel that it is a friendly place and may not be frightened when you leave. Your child may or may not cry when you leave. If your child does cry, please do not be alarmed. This is a normal occurrence. Such crying, termed separation anxiety by psychologists, generally disappears within a short time as your child becomes more and more accustomed to us and realizes that you will return. During this initial time of adjustment, your child may cling to you, even at home, and may need more sleep because of the added activity.

The Quarry Lane School is designed to provide a safe, creative, and intellectually stimulating environment for the young child. The Quarry Lane School accepts children of any race or creed, nationality, or ethnic origin. Each and every child in our care will enjoy all rights and privileges of the school's program, without exception.

ADMISSIONS FORMS

All forms must be completed and returned before your child can attend The Quarry Lane School. Many of these forms are required by the State of California Licensing Division and without these completed and signed forms you child may be dismissed from The Quarry Lane School. An immunization record must be submitted upon enrollment (prior to attendance) verifying that vaccinations are up-to-date in accordance with California state law. Please note: one of the enclosed State Licensing forms, the *Physician's Report Form*, requires prompt attention—be sure to allow your pediatrician sufficient time to complete and return the form to you. It is your responsibility to notify the office, in writing, of any changes in your contact information, including: cell/phone number, e-mail address, workplace, or new address. All persons authorized to pick up your child must be listed in writing on your *Identification and Emergency Information Form*. Any changes in who is authorized to pick up your child must be submitted in writing to the front office prior to your child being picked up by this person. You will receive an electronic copy of the Quarry Lane School Parent/Student Handbook. Please review it and return the completed *Parent Acknowledgement Page*.

CONFIDENTIAL

This document contains information that is proprietary and confidential to The Quarry Lane School and is intended for the exclusive use of its students, their parents/legal guardians and The Quarry Lane School faculty, staff, and employees. Unauthorized disclosure, copying or dissemination of this information is strictly prohibited.

License Numbers: #013411303, #013411304, #013411305, #013417681, #015700573

IDENTIFICATION AND EMERGENCY INFORMATION CHILD CARE CENTERS/FAMILY CHILD CARE HOMES

To Be Completed by Parent or Authorized Representative

CHILD'S NAME	LAST		MIDDLE	FIRS	ST .	SEX	TELER	PHONE
ADDRESS	NUMBER	STREET		CITY	STATE	ZIP	BIRTH	DATE
PARENT/AUTHORIZE	ED REPRESENTATIVE	NAME LAS	ST MIDD	LE	FIRST		BUSIN	ESS TELEPHONE
							()
HOME ADDRESS	NUMBER	STREET		CITY	STATE	ZIF		TELEPHONE)
PARENT/AUTHORIZE	D REPRESENTATIVE NA	AME LAST	MIDDLE		FIRST		,	ESS TELEPHONE
							()
HOME ADDRESS	NUMBER	STREET		CITY	STATE	ZIP	НОМЕ	TELEPHONE
							()
PERSON RESPONSI	BLE FOR CHILD	LAST NAME	MIDDLE	FIRST			ESS TELEPHONE	
					()	()
		ADDITIONA	L PERSONS WHO	MAY BE CALLED	IN AN EMER	GENCY	*	4
	NAME			ADDRESS		TELEPH	IONE	RELATIONSHIP
DUNCICIANI			AN OR DENTIST T	O BE CALLED IN A	A STATE OF THE PARTY OF THE PAR	NCY IN AND NUMBER	17515	NI IONIE
PHYSICIAN		A	DURESS		MEDICAL PLA	IN AND NUMBER	/	PHONE
DENTIST		Α)	DDRESS		MEDICAL PLAN AND NUMBER TELEPHONE			HONE
DENTION		7.0	DETILLOG		WESTONE 1 EV	()		
IF PHYSICIAN CANNO	OT BE REACHED, WHAT	FACTION SHOULD BE TAKEN	1?				,	
	GENCY HOSPITAL	OTHER	EXPLAIN					
CALL EMER	GENC I HOSPITAL			TED TO TAKE OUR	D EDOM THE	EA OULITY		
(CHIL	D WILL NOT BE ALL		RSONS AUTHORIZ				RIZED REP	RESENTATIVE)
		NAM	10			D	ELATION	QUID.
		IVAIV	IE)			nı	LATION	onir —
TIME CHILD WILL BE	CALLED FOR							
SIGNATURE OF PARE	ENT/GUARDIAN OR AUT	THORIZED REPRESENTATIVE					DATE	
	TO BE COM	PLETED BY FACI	LITY DIRECTOR/AL	OMINISTRATOR/FA	MILY CHILD	CARE HOM	ES LICE	NSEE
DATE OF ADMISSION			. ,	LAST DATE OF ENROL	LMENT	4 - 4 - 4		
LIC 700 ((0//0VCONE)	DENTIAL							
LIC 700 (10/19)(CONFI	DEINI IPC)							

EMERGENCY INFORMATION SHEET

(Please print legibly.)

START DATE		CLASSROOM
CHILD'S NAME	NICKNAMI	PREFERRED NAME
PARENT/AUTHORIZED REPRESENTATIVE NAME		RELATIONSHIP TO CHILD
		☐ MOTHER ☐ GUARDIAN ☐ FATHER ☐ OTHER
CELL PHONE	EMAIL	
PARENT/AUTHORIZED REPRESENTATIVE NAME		RELATIONSHIP TO CHILD MOTHER GUARDIAN
		☐ FATHER ☐ OTHER
CELL PHONE	EMAIL	
WHAT IS YOUR CHILD'S PRIMARY LANGUAGE?		
☐ ENGLISH OTHER:		
REQUIRED MEDICATIONS (NOTE: STUDENTS WITH MEDICAL CONDITIONS REQUIRING	G MEDICATION KEPT ON SITE I	MUST HAVE AN ACTION PLAN AND MEDICATION PERMISSION FORM(S) ON FILE.)
, ,	THER:	The state of the s
ALLERGIES AND/OR DIETARY RESTRICTIONS (VI	EGETARIAN, DAIRY FREE	E, ETC.)
	ing peanuts, tree- ermitted.	ted with peanut and tree-nut allergies, The Quarry Lane nuts, or nut byproducts to be brought onto campus.
PARENT/AUTHORIZED REPRESENTATIVE SI	GNATURE DATE	E PARENT/AUTHORIZED REPRESENTATIVE SIGNATURE DATE
Medical Professionals, (911), under my child. If it is deemed necessary	I authorize a staff whatever condition, I authorize my cl	member of The Quarry Lane School to contact Emergency ons are necessary to preserve the life, limb or well-being of hild to be transported to the nearest emergency treatment ossible if such measures are necessary.
PARENT/AUTHORIZED REPRESENTATIVE SI	GNATURE DATE	PARENT/AUTHORIZED REPRESENTATIVE SIGNATURE DATE
all electronic signatures are the leg bound to this agreement. I further in writing. This is to be used in con all future documentation with a sig Under penalty of perjury, I herewit	ning this Electroni al equivalent of m agree my signaturi junction with the nature requirement h affirm that my e	T AND CONSENT AGREEMENT IC Signature Acknowledgment and Consent Agreement, that It is manual/handwritten signature and I consent to be legally IT is on this document is as valid as if I signed the document IT is use of electronic signatures on all forms regarding any and It, should I elect to have signed electronically. It is electronic signature, and all future electronic signatures, It is not a signature and conditions.
PARENT/AUTHORIZED REPRESENTATIVE SI	GNATURE DATE	PARENT/AUTHORIZED REPRESENTATIVE SIGNATURE DATE

CHILD'S PREADMISSION HEALTH HISTORY—PARENT'S REPORT

CHILD'S PREADMISSION	HEALIF	HISTORY—PAH	KEN1'S						
CHILD'S NAME				SEX	BIRTH DA				
PARENT / AUTHORIZED REPRESENTATIVE NAME					DOES PA	DOES PARENT / AUTHORIZED REPRESENTATIVE LIVE IN HOME WITH CHILD			
PARENT / AUTHORIZED REPRESENTATIVE NAME					DOES PA	RENT / AUTHO	RIZED REPRESEN	ITATIVE LIVE IN HOMI	E WITH CHILD?
IS /HAS CHILD BEEN UNDER REGULAR SUPERVISION	OF PHYSICIAN?				DATE OF	_AST PHYSIC	AL/MEDICAL EXAMI	INATION	
DEVELOPMENTAL HISTORY (*For inf	ants and presch								
WALKED AT*	NTHS	BEGAN TALKING AT*		MONTHS	TOI	LET TRAINING	STARTED AT*	MONTH	-IS
PAST ILLNESSES — Check illnesses		s had and specify approx	imate dat		es:				
	DATES			DATES				DA	ATES
☐ Chicken Pox		□ Diabetes					nyelitis		
☐ Asthma		☐ Epilepsy				」 Ten-D (Rube	ay Measles eola)		
☐ Rheumatic Fever		☐ Whooping cough				Three	-Day Measle	es	
☐ Hay Fever		☐ Mumps				(Rube			
SPECIFY ANY OTHER SERIOUS OR SEVERE ILLNESS	ES OR ACCIDENTS	3							
DOES CHILD HAVE FREQUENT COLDS? YE	s 🗆 no	HOW MANY IN LAST YEAR?	LIS	ST ANY ALLERGIES	S STAFF S	HOULD BE AW	ARE OF		
DAILY ROUTINES (*For infants and pres	chool-age childr	ren only)							
WHAT TIME DOES CHILD GET UP?*		WHAT TIME DOES CHILD GO TO BE	ED?*			DOES CHILD	SLEEP WELL?*		
DOES CHILD SLEEP DURING THE DAY?*		WHEN?*				HOW LONG?	*		
DIET PATTERN: BREAKFAST (What does child usually						l .	SUAL EATING HOU	RS?	
eat for these meals?)						BREAKFAST LUNCH			
DINNER						DINNER			
ANY FOOD DISLIKES?				ANY EATING PRO	OBLEMS?				
IS CHILD TOILET TRAINED?*	IEVEC AT WHAT	CTACE:#	ADE BOWE	L MOVEMENTS RE			NAMI AT 10 11011A1 T	*	
YES NO	IF YES, AT WHAT	STAGE:*	YES				WHAT IS USUAL T	IME?	
WORD USED FOR "BOWEL MOVEMENT"*			WORD USE	D FOR URINATION	1 *				
PARENT'S EVALUATION OF CHILD'S HEALTH									
IS CHILD PRESENTLY UNDER A DOCTOR'S CARE?	IF YES, NAME OF	DOCTOR:	DOES CHIL	D TAKE PRESCRIE	BED MEDIC	ATION(S)?	IF YES, WHAT KIN	D AND ANY SIDE EFF	ECTS:
YES NO			☐ YES						
DOES CHILD USE ANY SPECIAL DEVICE(S): YES NO	IF YES, WHAT KIN	D:	DOES CHIL			(S) AT HOME?	IF YES, WHAT KIN	ID:	
PARENT'S EVALUATION OF CHILD'S PERSONALITY									
HOW DOES CHILD GET ALONG WITH PARENTS, BROT	THERS, SISTERS A	ND OTHER CHILDREN?							
THE THE OWN PLAN OPENING BY AVEYOFFIELDS									
HAS THE CHILD HAD GROUP PLAY EXPERIENCES?									
DOES THE CHILD HAVE ANY SPECIAL PROBLEMS/FE	ARS/NEEDS? (EXP	LAIN.)							
WHAT IS THE PLAN FOR CARE WHEN THE CHILD IS IL	L?								
REASON FOR REQUESTING DAY CARE PLACEMENT									
PARENT'S SIGNATURE								DATE	

LIC 702 (10/19) (CONFIDENTIAL)

PHYSICIAN'S REPORT—CHILD CARE CENTERS

(CHILD'S PRE-ADMISSION HEALTH EVALUATION)

PART	A – PARENT'S	CONSENT (TO	BE COMPL	ETED I	BY PAREN	Γ)		
(NAME OF CHILD)	, born	(BIRTI	H DATE)		is being	studied	for readines	s to enter
The Quarry Lane School (NAME OF CHILD CARE CENTER/SCHOOL)	This	Child Care Center		vides a	program w	hich exter	nds from	:
a.m./p.m. to a.m./p.m. ,	days a week.							
Please provide a report on above-name report to the above-named Child Care		orm below. I hereby	y authorize	release	of medical	informati	ion containe	d in this
	(SIGNATURE OF I	PARENT, GUARDIAN, OR C	HILD'S AUTHOR	IZED REPF	RESENTATIVE)		(TODA)	('S DATE)
PART B	- PHYSICIAN'S	REPORT (TO	BE COMPL	ETED E	BY PHYSIC	IAN)		
Problems of which you should be aware:								
Hearing:		All	ergies: medicine	e:				
Vision:		Ins	ect stings:					
Developmental:		Fo	od:					
Language/Speech:		As	thma:					
Dental:								
Other (Include behavioral concerns):								
MEDICATION PRESCRIBED/SPECIAL ROUTIN IMMUNIZATION HISTORY: (Fig. 1)			munizatio	n Red	cord, PM-	298.)		
VACCINE	-		E EACH DO			_		_
POLIO (OPV OR IPV)	1st	2nd / /	3rd	<u> </u> 	4t	<u>h</u> /	51	: h /
DTP/DTaP/ (DIPHTHERIA, TETANUS AND IACELLULAR) PERTUSSIS OR TETANUS AND DIPHTHERIA ONLY)	/ /		/	/	/	/	/	
MMR (MEASLES, MUMPS, AND RUBELLA)	/ /	/ /					I	
(REQUIRED FOR CHILD CARE ONLY) HIB MENINGITIS (HAEMOPHILUS B)	/ /	/ /	/	/	/	/		
HEPATITIS B	/ /	/ /	/	/			•	
VARICELLA (CHICKENPOX)	/ /	/ /			_			
SCREENING OF TB RISK FACTO Risk factors not present; TB Risk factors present; Mantou previous positive skin test do Communicable TB dises I have have not Physician:	skin test not require ux TB skin test performented). ase not present. reviewed the a	ed. rmed (unless above information v	-	-				
Address: Telephone:		Date	This Form C	Complet	:ed:			
າອາອ _ຸ ນາທາເອ		_	hysician		hysician's A			Practitioner

LIC 701 (8/08) (Confidential) PAGE 1 OF 2

RISK FACTORS FOR TB IN CHILDREN:

- * Have a family member or contacts with a history of confirmed or suspected TB.
- * Are in foreign-born families and from high-prevalence countries (Asia, Africa, Central and South America).
- * Live in out-of-home placements.
- * Have, or are suspected to have, HIV infection.
- * Live with an adult with HIV seropositivity.
- * Live with an adult who has been incarcerated in the last five years.
- * Live among, or are frequently exposed to, individuals who are homeless, migrant farm workers, users of street drugs, or residents in nursing homes.
- Have abnormalities on chest X-ray suggestive of TB.
- Have clinical evidence of TB.

Consult with your local health department's TB control program on any aspects of TB prevention and treatment.

LIC 701 (8/08) (Confidential) PAGE 2 of 2

CHILD CARE CENTER NOTIFICATION OF PARENTS' RIGHTS

PARENTS' RIGHTS

As a Parent/Authorized Representative, you have the right to:

- 1. Enter and inspect the child care center without advance notice whenever children are in care.
- 2. File a complaint against the licensee with the licensing office and review the licensee's public file kept by the licensing office.
- 3. Review, at the child care center, reports of licensing visits and substantiated complaints against the licensee made during the last three years.
- 4. Complain to the licensing office and inspect the child care center without discrimination or retaliation against you or your child.
- 5. Request in writing that a parent not be allowed to visit your child or take your child from the child care center, provided you have shown a certified copy of a court order.
- 6. Receive from the licensee the name, address and telephone number of the local licensing office.

Licensing Office Name: <u>Bay Area Child Care Office</u>

Licensing Office Address: 1515 Clay Street, Suite 1102, Oakland, CA 94612

Licensing Office Telephone #: (510) 622-2602 To File a Complaint Call 1-844-538-8766

- 7. Be informed by the licensee, upon request, of the name and type of association to the child care center for any adult who has been granted a criminal record exemption, and that the name of the person may also be obtained by contacting the local licensing office.
- Receive, from the licensee, the Caregiver Background Check Process form.
- NOTE: CALIFORNIA STATE LAW PROVIDES THAT THE LICENSEE MAY DENY ACCESS TO THE CHILD CARE CENTER TO A PARENT/AUTHORIZED REPRESENTATIVE IF THE BEHAVIOR OF THE PARENT/AUTHORIZED REPRESENTATIVE POSES A RISK TO CHILDREN IN CARE.

For the Department of Justice "Registered Sex Offender" database, go to www.meganslaw.ca.gov

LIC 995 (9/08)	
----------------	--

(Detach Here - Give Upper Portion to Parents)

ACKNOWLEDGEMENT OF NOTIFICATION OF PARENTS' RIGHTS (Parent/Authorized Representative Signature Required)

I, the parent/authorized representative of	,	have
received a copy of the "CHILD CARE CENTER NOTIFICAREGIVER BACKGROUND CHECK PROCESS form from the control of the		the
The Quarry Lane S Name of Child Care Cer		
Signature (Parent/Authorized Representative)	Date	

NOTE: This Acknowledgement must be kept in child's file and a copy of the Notification given to parent/authorized representative.

For the Department of Justice "Registered Sex Offender" database go to www.meganslaw.ca.gov

PERSONAL RIGHTS

Child Care Centers

NAME

ADDRESS

Personal Rights, See Section 101223 for waiver conditions applicable to Child Care Centers.

- (a) Child Care Centers. Each child receiving services from a Child Care Center shall have rights which include, but are not limited to, the following:
 - (1) To be accorded dignity in his/her personal relationships with staff and other persons.
 - (2) To be accorded safe, healthful and comfortable accommodations, furnishings and equipment to meet his/her needs.
 - (3) To be free from corporal or unusual punishment, infliction of pain, humiliation, intimidation, ridicule, coercion, threat, mental abuse, or other actions of a punitive nature, including but not limited to: interference with daily living functions, including eating, sleeping, or toileting; or withholding of shelter, clothing, medication or aids to physical functioning.
 - (4) To be informed, and to have his/her authorized representative, if any, informed by the licensee of the provisions of law regarding complaints including, but not limited to, the address and telephone number of the complaint receiving unit of the licensing agency and of information regarding confidentiality.
 - (5) To be free to attend religious services or activities of his/her choice and to have visits from the spiritual advisor of his/her choice. Attendance at religious services, either in or outside the facility, shall be on a completely voluntary basis. In Child Care Centers, decisions concerning attendance at religious services or visits from spiritual advisors shall be made by the parent(s), or guardian(s) of the child.
 - (6) Not to be locked in any room, building, or facility premises by day or night.

TO FILE A COMPLAINT CALL 1-844-538-8766

Community Care Licensing/BARO

(7) Not to be placed in any restraining device, except a supportive restraint approved in advance by the licensing agency.

THE REPRESENTATIVE/PARENT/GUARDIAN HAS THE RIGHT TO BE INFORMED OF THE APPROPRIATE LICENSING AGENCY TO CONTACT REGARDING COMPLAINTS, WHICH IS:

1515 Clay Street, Suite 1102					
CITY	ZIP CODE	AREA CODE/TELEPHONE NUMBER			
Oakland, CA	94612	(510) 622-2602			
DETACH F TO: PARENT/GUARDIAN/CHILD OR AUTHORIZED REPRESENTAT Upon satisfactory and full disclosure of the personal rights as explained ACKNOWLEDGMENT: I/We have been personally advised of, an California Code of Regulations, Title 22, at the time of admission to:	IVE: I, complete the following ackn				
RINT THE NAME OF THE FACILITY) (PRINT THE ADDRESS OF THE FACILITY)					
The Quarry Lane School 3750 Boulder Street, Pleasanton, CA 94566					
(PRINT THE NAME OF THE CHILD)					
(SIGNATURE OF THE REPRESENTATIVE/PARENT/GUARDIAN)					
(TITLE OF THE REPRESENTATIVE/PARENT/GUARDIAN)		(DATE)			
LIC 613A (8/08)					

IMPORTANT INFORMATION FOR PARENTS

CAREGIVER BACKGROUND CHECK PROCESS CALIFORNIA DEPARTMENT OF SOCIAL SERVICES

The California Department of Social Services works to protect the safety of children in child care by licensing child care centers and family child care homes. Our highest priority is to be sure that children are in safe and healthy child care settings. California law requires a background check for any adult who owns, lives in, or works in a licensed child care home or center. Each of these adults must submit fingerprints so that a background check can be done to see if they have any history of crime. If we find that a person has been convicted of a crime other than a minor traffic violation or a marijuana-related offense covered by the marijuana reform legislation codified at Health and Safety Code sections 11361.5 and 11361.7, he/she cannot work or live in the licensed child care home or center unless approved by the Department. This approval is called an exemption.

A person convicted of a crime such as murder, rape, torture, kidnapping, crimes of sexual violence or molestation against children <u>cannot by law be given an exemption that would allow them to own, live in or work in</u> a licensed child care home or center. If the crime was a felony or a serious misdemeanor, the person must leave the facility while the request is being reviewed. If the crime is less serious, he/she may be allowed to remain in the licensed child care home or center while the exemption request is being reviewed.

How the Exemption Request is Reviewed

We request information from police departments, the FBI and the courts about the person's record. We consider the type of crime, how many crimes there were, how long ago the crime happened and whether the person has been honest in what they told us.

The person who needs the exemption must provide information about:

- · The crime
- What they have done to change their life and obey the law
- · Whether they are working, going to school, or receiving training
- Whether they have successfully completed a counseling or rehabilitation program

The person also gives us reference letters from people who aren't related to them who know about their history and their life now.

We look at all these things very carefully in making our decision on exemptions. By law this information cannot be shared with the public.

How to Obtain More Information

As a parent or authorized representative of a child in licensed child care, you have the right to ask the licensed child care home or center whether anyone working or living there has an exemption. If you request this information, and there is a person with an exemption, the child care home or center must tell you the person's name and how he or she is involved with the home or center and give you the name, address, and telephone number of the local licensing office. You may also get the person's name by contacting the local licensing office. You may find the address and phone number on our website. The website address is http://ccld.ca.gov/contact.htm.

PARENT ACKNOWLEDGMENT PAGE (TO BE COMPLETED AND SUBMITTED)

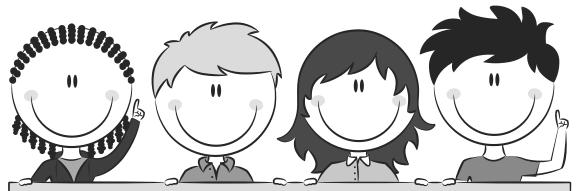
Please print, sign, and return this page to the front office before your child's first day of school.

PLEASE PRINT LEGIBLY...

The form below will be given to your child's classroom teacher(s). It will accompany the class if they must leave school grounds during an emergency evacuation or for any other reason.

Quarry Lane School Classroom Emergency Information	Class:
Child's Name:	Birth Date:
Address:	
City:	
Parent/Guardian Name:	Cell Number:
Business Name and Number:	
Parent/Guardian Name:	
Business Name and Number:	
Allergies/Dietary Restrictions:	
Authorized to take child from The Quarry Lane School in addition to parer	nt/guardian named above:
1	Phone:
2	Phone:
3	Phone:
In case of accident or emergency, I authorize a staff member of The Quarry Professionals, (911), under whatever conditions are necessary to preserve to necessary, I authorize my child to be transported to the nearest emergency soon as possible if such measures are necessary.	the life, limb or well-being of my child. If it is deemed
Parent/Guardian Signature	- Date

No Shots? No Records? No School.



Children will not be enrolled unless an immunization record is presented and immunizations are up-to-date.*

*If your child is unimmunized due to medical reasons, please notify us.

Go to **ShotsForSchool.org** to access information about immunization requirements, an interactive school look-up tool, implementation materials for schools, and educational materials for parents. **Shots**for**School**.org

IMM-1167 (5-16)



EFFECTS OF LEAD EXPOSURE

Children 1-6 years old are the most at risk for lead poisoning.

- Lead poisoning can harm a child's nervous system and brain when they are still forming, causing learning and behavior problems that may last a lifetime.
- Lead can lead to a low blood count (anemia).
- Even small amounts of lead in the body can make it hard for children to learn, pay attention, and succeed in school.
- Higher amounts of lead exposure can damage the nervous system, kidneys, and other major organs.
 Very high exposure can lead to seizures or death.

LEAD POISONING FACTS

- Buildup of lead in the body is referred to as lead poisoning.
- Lead is a naturally occurring metal that has been used in many products and is harmful to the human body.
- There is no known safe level of lead in the body.
- Small amounts of lead in the body can cause lifelong learning and behavior problems.
- Lead poisoning is one of the most common environmental illnesses in California children
- The United States has taken many steps to remove sources of lead, but lead is still around us.

IN THE US:

- Lead in house paint was severely reduced in 1978.
- Lead solder in food cans was banned in the 1980s.
- Lead in gasoline was removed in the early 1990s.



LEAD IN TAP WATER

The only way to know if tap water has lead is to have it tested.



Tap water is more likely to have lead if:

- Plumbing materials, including fixtures, solder (used for joining metals), or service lines have lead in them.
- Water does not come from a public water system (e.g., a private well).

To reduce any potential exposure to lead in tap water:

- Flush the pipes in your home
 Let water run at least 30
 seconds before using it for
 cooking, drinking, or baby
 formula (if used). If water has not
 been used for 6 hours or longer,
 let water run until it feels cold (1
 to 5 minutes.)*
- Use only cold tap water for cooking, drinking, or baby formula (if used)
 If water needs to be heated, use cold water and heat on stove or in microwave.
- Care for your plumbing
 Lead solder should not be used for plumbing work. Periodically remove faucet strainers and run water for 3-5 minutes.*

Filter your water
 Consider using a water filter
 certified to remove lead.

WARNING! Some water crocks have lead. Do not give a child water from a water crock unless you know the crock does not have lead.



(*Water saving tip: Collect your running water and use it to water plants not intended for eating.)

For information on testing your water for lead, visit the Environmental Protection Agency at their website or call (800) 426-4791. You can also visit the California Department of Public Health's website at www.cdph.ca.gov.



POTENTIAL SOURCES OF LEAD

- Old paint, especially if it is chipped or peeling or if the home has been recently repaired or remodeled
- House dust
- Soil
- Some imported dishes, pots and water crocks. Some older dishware, especially if it is cracked, chipped, or worn
- Work clothes and shoes worn if working with lead
- Some food, candies and spices from other countries
- Some jewelry, toys, and other consumer products
- Some traditional home remedies and traditional make-up
- · Lead fishing weights and lead bullets
- Water, especially if plumbing materials contain lead

SYMPTOMS OF LEAD EXPOSURE



Most children who have lead poisoning do not look or act sick. Symptoms, if any, may be confused with common childhood complaints such as stomachache, crankiness, headaches, or loss of appetite.



A blood lead test is free if you have Medi-Cal or if you are in the Child Health and Disability Prevention Program (CHDP). Children on Medi-Cal, CHDP, Head Start, WIC, or at risk for lead poisoning, should be tested at age 1 and 2. Health insurance plans also will pay for this test. Ask your child's doctor about blood lead testing.

For more information, go to the California Childhood Lead Poisoning Prevention Branch's website, or call them at (510) 620-5600.

The information and images found on this publication are adapted from the California Department of Public Health Childhood Lead Poisoning Prevention Program.

PUB 515 10/2019