

Please see the upcoming informational meetings for our middle school girl's and boys' basketball season. If you are interested in trying out for middle school basketball this season, you MUST attend the meeting! Please see the Medical Forms Information below. These forms need to be submitted to the parents plus portals before your son or daughter can try out for Middle School Basketball.

We will be having a Middle School Girls and Boys Basketball Informational Meeting on Thursday, November 10th. This is a mandatory meeting for girls and boys at Quarry Lane interested in trying out for girls' and boys' middle school basketball (Students Can Only Attend).

**Date:** Thursday, Nov 10<sup>th</sup>

**Time:** 11:30 – 12:10 pm (bring your lunch)

**Location:** Gym

**\*\*Put this date on your calendar – don't forget!**

**Girls Basketball Middle School Start Dates:**

Tryouts – Thursday, Dec 1<sup>st</sup>. And Friday, Dec 2<sup>nd</sup> from 3:15 – 5 pm

*\*Schedule to be announced after tryouts. Please note the Schedule will be fluid. The teams will practice on some Saturdays. Will also have a few tournaments on Saturdays as well.*

*\*The Girls' Season will run from December 1<sup>st</sup> until mid-February.*

*\* Our goal at Quarry Lane is to run an athletic program that is inclusive to all interested students. We are anticipating having an amazing interest in Girl's Middle School Basketball this season and we anticipate that some athletes will not make the teams this time. We plan to have two teams with 15 girls on each team, a total of 30 girls.*

Coach Torres - Erica Torres [etorres@quarrylane.org](mailto:etorres@quarrylane.org)

Coach Alagna - Jaclyn Alagna [jalagna@quarrylane.org](mailto:jalagna@quarrylane.org)

**Boys Basketball Middle School Start Dates:**

Tryouts – Thursday, Dec 15<sup>th</sup>, And Friday, Dec 16<sup>th</sup> from 3:15 – 5 pm

*\*Schedule to be announced after tryouts. Please note the Schedule will be fluid. The teams will practice on several Saturdays. We will have tournaments on Saturdays as well. Expect to have one practice during the week and one practice on a Saturday.*

*\*The Boys Season will run from December 15<sup>th</sup> until mid-March.*

*\* Our goal at Quarry Lane is to run an athletic program that is inclusive to all interested students. We are anticipating having an amazing interest in Boys' Middle School Basketball this season and we anticipate that some athletes will not make the teams this time. We plan to have two teams with 15 boys on each team, a total of 30 boys.*

Coach - Leon Cox [lcx@quarrylane.org](mailto:lcx@quarrylane.org)

Coach - Miguel Gallardo jr [curlyheadjrr@gmail.com](mailto:curlyheadjrr@gmail.com)

**Required Athletics Forms for Participation**

To participate in QLS Athletics for the 2022-23 school year we do need the following forms submitted on the Parents' Plus Portal before any student-athlete is eligible to participate. These forms are required for all student-athletes (grades 6 through 12).

- Athletic Registration and Waiver Form
- Physical Form
- o *The California Interscholastic Federation and North Coast Section require ALL ATHLETES to have a physical exam each year (valid for 12 calendar months).*
- Concussion form

